

DAY NUMBER \_\_\_\_\_

PERSONAL REFLECTION (Spend a few minutes reflecting on the Word and the thoughts presented. What do you hear, and how might you respond?):

TIME MEDITATING (How long did you give your attention to God's Word?):

REVEALED THROUGH SELF-EXAMINATION (What conviction(s) were revealed?):

TODAY'S CONFESSION:

TODAY'S PRAYER:

TODAY'S FAST (What will you deny yourself today?):

TODAY'S ALMS-GIVING (What will you give to another today?):